



Associazione  
Italiana  
di Psicologia



Laboratorio di Psicologia dell'Attaccamento  
e Sostegno alla Genitorialità



## INTERNATIONAL WINTER TRAINING SCHOOL

3<sup>rd</sup> Edition

## EVIDENCE BASED INTERVENTIONS

TO PREVENT DEVELOPMENTAL RISK OUTCOMES IN YOUTH AND ADOLESCENCE

Pavia, Italy, February, 18-20, 2016

The Developmental and Educational Psychology Section of the Italian Association of Psychology (AIP) is pleased to announce the opening of the 3<sup>rd</sup> International Winter Training School for 25 Ph.D. students and researchers and 15 practitioners, to be held in Pavia, February, 18-20, 2016.

### TOPIC

Adolescence is a remarkable developmental period, in which children are transformed neurobiologically, cognitively and interpersonally as they prepare for adult roles and relationships. Evidence based interventions-EBI has become an area of increasing interest for both research and policy, with a special attention in implementing cooperation among researchers, policy makers and practitioners. Moving from this perspective, the Pavia International Winter Training School aims at presenting conceptual and methodological issues related to evidence based interventions in adolescence, with particular attention to family and school contexts.

### PARTICIPANTS:

Maximum number of participants = 40.

#### STEERING COMMITTEE

- **Lavinia Barone**, University of Pavia, Italy (Local Organizer)
- **Alida Lo Coco**, University of Palermo, Italy
- **Ersilia Menesini**, University of Florence, Italy

#### FACULTY MEMBERS

- **Marlene Moretti**, Simon Fraser University, Canada
- **Brit Oppedal**, Norwegian Institute of Public Health, No
- **Heidi Vandebosch**, University of Antwerp, Belgium

### CONTACTS AND INFORMATIONS

Website: [lag.unipv.it](http://lag.unipv.it)

Email: [aipwinterschoolebi@gmail.com](mailto:aipwinterschoolebi@gmail.com)

## **HOW TO APPLY?**

Candidates have to submit the application form in English within December the 10<sup>th</sup> 2015. Applicants will be notified by email of acceptance decision within December the 31<sup>st</sup>, 2015. Application will include a CV and an abstract of about 500 words describing an ongoing or a future project on evidence based interventions in the developmental field. A limited number of participants (maximum 15) are allowed to the school attendance as auditors, i.e. without a research project.

The application form is available online, downloading it from the School website: [lag.unipv.it](http://lag.unipv.it) (link [formazione](#) or [trainings](#)) and has to be filled-out and emailed to [aipwinterschoolebi@gmail.com](mailto:aipwinterschoolebi@gmail.com)

## **WHO CAN APPLY?**

- Ph.D. students and researchers with previous, current, or in-progress experience in EBI research projects
- Practitioners in the area of developmental and/or clinical psychology (no mandatory research project is required)

## **GENERAL INFORMATION**

### **SCHOOL VENUE**

Venue of the School is the University of Pavia, Italy – Pavia, Piazza del Lino 1, Palazzo San Tommaso, Aula Caminetto.

### **REGISTRATION AND PAYMENT**

After notification of acceptance, participants will receive directions for registering to the Training School and will be notified on payment procedures. Fee is due within January 2016, the 15<sup>th</sup>:

### **OFFICIAL LANGUAGE**

Official language of the Training School is English.

### **CERTIFICATE OF ATTENDANCE**

After Training School completion, participants will receive certificate of attendance.

### **TRAINING SCHOOL COSTS:**

Attendees will pay a fee of 200 €.

Fee allows Training School attendance, light lunches and coffee breaks.

A list of accommodation will be provided.

### **SMOKING POLICY**

Participants are kindly required to refrain from smoking in all areas of the training.

On behalf of the steering committee

Prof. Lavinia Barone

## SCIENTIFIC PROGRAMME

The topics of the course are as follows:

- Translational research: how to blend research and practice activities
- Evidence based practice and policy: collaboration between researchers, policy makers and practitioners
- Research projects on parent trainings for youth and adolescents
- Going to scale: Broad roll-out of evidence-based interventions
- Sustainability of implementation and outcomes in the long term
- International dissemination of evidence-based programs: challenges and solutions
- Parenting and school interventions to reduce aggression and implement well-being
- Social Integration of migrant children and adolescents: family and school factors promoting resilience

## Program

### Main lectures

**Marlene Moretti** Simon Fraser University, Canada

**Brit Oppedal**, Norwegian Institute of Public Health, Centre for Research and Analysis of Migration, Norway

**Heidi Vandebosch**, University of Antwerp, Belgium

### Thursday the 18<sup>th</sup>

**Morning 9:30 a.m.- 1 p.m.**

**Heidi Vandebosch**, University of Antwerp, Belgium

*Promoting positive bystander behavior through a digital game? The development of an evidence-based game against cyberbullying*

**Afternoon 2:30 p.m.- 5:30 p.m.**

**Heidi Vandebosch**, University of Antwerp, Belgium

*Reachingout: Communicating about your research on cyberbullying with mass media and mass audiences*

### Friday the 19<sup>th</sup>

**Morning 9:30 a.m.- 1 p.m.**

**9:30 a.m. Brit Oppedal**, Norwegian Institute of Public Health, Centre for Research and Analysis of Migration, Norway

*War exposure, daily stressors, and mental health among unaccompanied minor asylum-seekers in post-conflict settings: bridging the divide between trauma-focused and psychosocial frameworks*

**11: 45** Discussion and group activity on the lecture inputs

**Afternoon 2:30 p.m.- 5:30 p.m.**

**2:30 p.m. Marlene Moretti** Simon Fraser University, Canada

*Adolescence, Attachment and Mental Health: Translating Knowledge into Evidence Based Practice*

**4:30 p.m.** Discussion and group activity on the lecture inputs

**Saturday the 20<sup>th</sup>**

**Morning 9:30 a.m.-1 p.m.**

**9:30 Ersilia Menesini**, University of Florence, Italy

*Standards of evidence for psychological interventions: old and new generations*

**10:30 a.m.** Participants' projects presentation and discussion (on topics in small groups)

**12:00 a.m.** Final discussion and closing session

We will circulate a more detailed program after the participants' selection.

## **STEERING COMMITTEE**

### **Lavinia Barone**



([www.laviniabarone.com](http://www.laviniabarone.com)) is Psychologist/Psychotherapist and Associate Professor of Developmental Psychology at the Department of Brain and Behavioral Sciences, University of Pavia (IT). Her research focuses on the mechanisms of socio-emotional development and the processes involved in risk for psychopathology or atypical development. She is particularly interested in the intersection between attachment and emotional regulation, including parenting and evidence based interventions.

### **Alida Lo Coco**



is full Professor of Developmental and Educational Psychology and coordinator of the Ph.D. in Psychological and Behavioral Sciences at the Department of Psychology, Palermo University. Her research focuses on such topics as social, emotional and personality development, peer relationships and friendship, empathic responsiveness, student's academic and psychological adjustment; intercultural relations, autonomy and relatedness during adolescence, cultural studies. She was local organizer of the 1° edition of the training school on evidence based intervention in Palermo (March 2013)

### **Ersilia Menesini**



is Full Professor of Developmental Psychology at the University of Florence— Department of Educational Sciences and Psychology. She has done research on psycho-social risk factors in the school context focusing on peer rejection, isolation, bullying and more recently on cyber bullying. One of the most recent area of investigation is on designing and evaluating school interventions against bullying and cyberbullying. She was local organizer of the 2° edition of the training school on evidence based intervention in Florence (November 2014).

## **FACULTY MEMBERS**

### **Marlene Moretti**



Full Professor, Canada Research Chair (Tier 1), Psychology Department, Simon Fraser University. Her research focuses on adolescence, attachment, violence/aggression, self-regulation and the translation of knowledge into treatment programs. Over the past decade, Prof Marlene Moretti developed the Connect program, an attachment focused 10-week manualized group program for parents and alternate caregivers of pre-teens and teens with significant behaviour problems. The program has been implemented and evaluated across Canada and Sweden and new research programs are in progress.

### **Heidi Vandebosch**



Associate Professor at the University of Antwerp (Belgium). She has done research on cyberbullying (profiles of bullies and victims, impact, evidence-based interventions, the role of schools, the police and news media) since 2005. She was member of the Management Committee of COST action IS0801 "Cyberbullying: coping with negative and enhancing positive uses of new technologies, in relationships in educational settings". She is currently the promotor of several research projects on cyberbullying, such as "Friendly ATTAC" and "Cyber-shoc".

### **Brit Oppedal**



Psychologist and senior researcher in the Division of Mental Health of the Norwegian Institute of Public Health. She is the PI of the Division's research program "Youth, Culture and Competence", YCC, which includes various subprojects on immigrant children and youth in general, and refugee youth in particular ([www.fhi.no/ungKul](http://www.fhi.no/ungKul)). Her research focuses on factors that contribute to bicultural development and adaptation, in particular factors affecting the interaction between acculturation, social integration, and mental health.